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Book Review | The Shiatsu Guy Team!

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Shiatsu Theory And Practice 3e [EPUB]

Shiatsu Theory and Practice, 3rd Edition by Carola Beresford-Cooke English | March 21, 2016 | ISBN: 1848193084 | EPUB | 428 pages | 11.1 MB

Shiatsu Theory and Practice, 3rd Edition / AvaxHome

Shiatsu works by stimulating the body's vital energy flow in order to promote good health. The practitioner uses palms, thumbs and fingers, elbows, and even knees and feet to apply pressure and stretching to the energy lines or meridians; This text written by a renowned practitioner...

Foundations of Shiatsu by Chris Jarmey | 2901556436399 ...

ISBN: 9780443049415 0443049416: OCLC Number: 35715507: Description: x, 292 pages : illustrations: Contents: Introduction --the history and cultural context of Shiatsu --Sources of Shiatsu theory and the purpose of this book --1.The basics --why, when and how --2.Recommendations for the Shiatsu practitioner --3.Shiatsu tools and techniques --4.Shiatsu treatment routines in the four positions --5.

Shiatsu theory and practice : a comprehensive text for the ...

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Incorporated in the state of New York in 1974 as a non-profit educational organization, the Institute's original title was The Shiatsu Education Center of America. At its beginning, the Ohashi Institute was one of only two organizations in the U.S. that taught and promoted shiatsu as a therapy and lifestyle.

Ohashi Institute

Also Shiatsu and other Eastern techniques focusing on treatment of points, channels/meridians, organ theory, tonification, and dispersal Application of accessory therapeutic techniques – Including, but not limited to, use of heat, cold, and other appropriate applications to the body

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