

Monitoring Metabolic Status Predicting Decrements In Physiological And Cognitive Performance

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tions posed by the military relative to monitoring the metabolic status of military personnel in training and operational situations, focusing on metabolic regulation during prolonged, exhaustive efforts (such as combat training or field operations), where nutrition/hydration and repair mechanisms may be mismatched to intakes and rest, or where specific metabolic derangements are present (e.g., following toxic chemical exposures or psychological threats).

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